

Confidential Wellbeing Support

A **free and confidential** counselling and information specialist support service for **all** Primary Care colleagues in Herefordshire and Worcestershire



Stress and anxiety



Loans and overdrafts



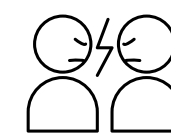
Management support



Family Issues



Debt



Conflict



Relationships



Credit cards



Housing



Alcohol & Drugs



Wills and Inheritance



Landlord/tenant issues



Bullying & Harassment



Budgeting



Bereavement



Maternity leave



Gaining control of your finances



Divorce/separation

Are you having a difficult time and feel you need some advice on any of these issues and more?



0800 174319

Available 24/7